



CATHOLIC CHAPLAINCY

for London's Universities

Called to Serve
Social Outreach Projects

2024 / 2025

Volunteering!



Opportunities for University Students

Connecting Faith to Action

Hello and welcome to the new academic year!

We are Called to Serve

The Christian vocation necessarily involves an attitude of loving concern for the other (Luke 10: 36-37). Newman House has a long tradition of participating in active and informed service within the local community. There is many volunteering opportunities on offer in this booklet where your involvement will make a real difference to the community.

Pope Francis often quotes St John Chrysostom who said:

"No act of virtue can be great if it is not followed by advantage for others. So, no matter how much time you spend fasting, no matter how much you sleep on a hard floor and eat ashes and sigh continually, if you do no good to others, you do nothing great."

In other words, we cannot be Christians merely for our own benefit. We have a responsibility to love and care for our neighbour.

This booklet is designed to give you a taste of what faith-based volunteering opportunities are offered through the Newman House Chaplaincy with detailed information about each of these projects. For more information contact Sr Carolyn: **E-mail: carolyn@universitycatholic.net**



Sr. Dr. Carolyn Morrison R.A., *Social Outreach & Volunteering Chaplain for London's Universities*



CATHOLIC CHAPLAINCY
for London's Universities

To find out more about any of these projects please complete the online application form by visiting the Newman House website:

<http://www.universitycatholic.net/>

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Student Led Volunteering

The SVP Sandwich/Soup Run Project

Together, we can make a difference

The **SVP** (St Vincent de Paul Society) is part of an international Christian voluntary network dedicated to tackling poverty in all its forms by providing practical assistance to people in need. Founded in Britain in 1844, we foster diverse and inclusive connections, as a Society that is welcoming of people of all faiths and none. We joyfully extend our hand in the care and personal service of individuals and families who need support.

Our 10,000 members, motivated by faith, visit vulnerable or isolated people across England and Wales and offer them friendship and practical support. The essence of our work is person-to-person contact and spending time with people is our greatest gift.

Time commitment: One hour to two hours per week

The Newman House SVP Soup Run is an in-house volunteering project set up to serve the homeless along Tottenham Court Road. If you are passionate about helping the homeless then this project is for you.

There are two arms to the Newman House SVP Sandwich/Soup Run project. The first team of volunteers make the sandwiches ready for the second team to handout on the streets. Because there is a Rota system you can volunteer for both arms if you wish, i.e., one week you could make the sandwiches and the next week you could be on the team that distribute the food and drink to the homeless. As a quick summary of the project, every (day of the week to be confirmed) we go down Tottenham Court Road handing out Coffee, Tea, and Sandwiches to rough sleepers.

Time commitment: around 1-2 hours per week. A separate group of volunteers makes the sandwiches earlier in the day. This usually takes about 1 hour.

This project run and organised by students who attend the Newman House Catholic Chaplaincy, and it is open to students from all universities. This is a great opportunity to volunteer alongside students from different colleges. There is a training day in the first term followed by a reflection/evaluation meeting in the second term.

Contact Sr. Carolyn *Social Outreach Chaplain & Volunteer Coordinator for all London Universities*

Email: carolyn@universitycatholic.net

ONE-OFF VOLUNTEERING

Throughout the academic year there are many opportunities for you to get involved in one-off volunteering activities. This is ideal for students who are not able to make a regular commitment to volunteering. Here are just a few of the roles on offer:



Event: #RedWednesday

Time: 6:00pm 20th November 2024

Venue: The Brompton Oratory

Supporting persecuted Christians

Volunteering Role: Wrapping donated Christmas Presents & making up Christmas Hampers for families in need.

Venue: The Catholic Children's Society, St Charles Square.

Time: Two hours anytime between 9am – 5pm on 12th, 13th, 16th, 17th & 18th December 2024

Do look on the Newman House webpage, FB, Twitter/X, and Instagram for regular updates on One-off Volunteering opportunities throughout the academic year

REGULAR VOLUNTEERING OPPORTUNITIES

Open House: Serving the Homeless

(Location: St Patrick's Church, 21a Soho Square)



Biblical Hospitality to the Homeless: Our outreach to homeless and isolated guests of Soho involves three different volunteering projects. All of the projects take place in the Parish Centre of St Patrick's, Soho.

St Patrick's Outreach Projects:

Join any or all of the following:

Open House Evenings - There are three shifts to choose from:
Tuesday, Wednesday and Thursday evenings 6:00pm - 8:45pm

Breakfast Club - runs on Mondays, Fridays and Saturdays 8:00am - 10:45am

Film Club - First Sunday of every month 3:15pm - 7:15pm

Contact: Samantha Flanagan, Outreach Coordinator

St Patrick's Catholic Church

21A Soho Square, London W1D 4NR

Tel: +44 (0) 20 7437 2010

Email: outreach@stpatricksoho.org

The Food bank project

(Location: The Blessed Sacrament Catholic Church)



Role: Newman House Foodbank Coordinator

Job description: The Newman House foodbank coordinator would arrange the collection of food donations from Newman House. This would involve raising awareness of the collection to those attending Newman House and liaising with the foodbank to appeal for what they need most. It would also involve delivering the Newman House collection to the foodbank when required.

Times: This role is flexible but would require for example promoting the collection at the Newman House Mass and delivering to the foodbank at suitable times to be arranged with the foodbank.

In March started a foodbank to respond to the growing issue of food poverty in the local area. Although it has only been running for 6 month the foodbank is already in high demand, receiving 75-100 guests each week. With the economic crisis the expectancy is that the number of clients visiting the foodbank will increase dramatically over the winter months.

The foodbank runs between 1-4pm every Thursday and is open to all. **Volunteers are needed** to help with the setting up and running of the foodbank each week and with food collection and supporting the foodbank to keep going.

Volunteer roles:

Role: Foodbank Volunteer

Job description: support with the running of the foodbank which may include set up, inventory, hospitality, managing the registration or the food shop during opening hours.

Times: Volunteers set up from 11am and the foodbank is cleared up between 4:30 and 5pm. You do not need to attend the whole of the session, however at least a couple of hours commitment during these times is needed.

Commitment: The whole term. However, volunteers could come every other week if they cannot do every Thursday.

Role: Foodbank Promoter

Job description: In order to continue running, the foodbank needs to increase donations of food, money and time. We therefore need help with promotion to find more volunteers and ask for more donations, this could involve creating posters/leaflets and social media to reach out to more people. We also want to create more links with local businesses who can support us financially or with donations of food they do not need. The foodbank promoter would therefore help us to find and approach these local businesses and create new relationships with them to support the foodbank. **Times:** This role is flexible and could be done in your spare time.

Commitment: the whole term.

Commitment: Volunteer at least twice a month.

Address: Blessed Sacrament Church Hall (downstairs) Copenhagen Street, London, N1 0SR

Mary's Meals

A simple solution to world hunger

Community Ambassador



Spread the word about Mary's Meals in your community, encouraging support and enabling people to contribute in whatever way they can. You will be given full training and support to promote our work and campaigns with confidence, and the role can be tailored to suit your own particular skills.

Community Ambassadors promote our work by telling our story at local schools and colleges, placing collection cans with local shops and businesses, assisting with fundraising events, and representing Mary's Meals in their own local area.

The Backpack Project: Many children receiving Mary's Meals don't have basic learning tools such as pencils and notepads. You can support them to get the most out of their lessons by donating a backpack full of the things they need. For many, a Mary's Meals backpack will be the only gift they'll have ever had.

Contact: kathleen.sheridan@marysmeals.org

Westminster Youth Ministry



Volunteer with WYM and help at all the great Youth Events in around the Westminster area throughout the Year. At the Diocese of Westminster Youth Ministry, we're working to help provide young people with the tools and support they need to be great to be the saints and role models of the 21st century.

Volunteering with WYM - What we do: Develop parish youth ministry, support our youth leaders, Nurture young people in their personal development, bring together the various voices in the diocese, Inform the world.

Contact: 125 Waxwell Lane, Pinner, London HA5 3EP

E: youth@rcdow.org.uk

TRANSFORMING THROUGH EDUCATION



Education is a key component of social outreach, partly because enabling others to make informed choices is an important step in promoting the common good. Tutor Plus aims to increase the numeracy and literacy skills of the students. It allows those who feel passionately about the transformative power of education to participate in developing the life skills and abilities of young people in our local community.

Mentoring

(Drummond Crescent) Nearest Train Station: Euston

Maria Fidelis School

There are two volunteering opportunities: the **Reading Programme, Mentoring & Homework Club**. You can choose one, the other, or both.

Venue : Maria Fidelis Convent School, is just 10-minute walk from UCL main quad (Drummond Crescent) near Euston Station.

READING PROGRAMME

The Reading Programme involves working with an 11- or 12-year-old student for two terms. You will be assigned to a tutee who needs help with their literacy skills and your duty will be to read aloud with them. Explore different learning techniques with your tutee to find a suitable one – each student learns differently. The student will usually bring a book of their choice, otherwise, books are available at the school's library.

Commitment: You will commit to one hour of tutoring each week. Sessions can take place at any time during school hours from Monday to Friday, because students will be pulled out of class for this programme. We will match the student's timetable with your schedule.

Contact: Sr Carolyn Morrison RA

Email: carolyn@universitycatholic.net

Good Counsel Network



Saving Lives by Helping Pregnant Women

Help save lives and support pregnant women by volunteering with the Good Counsel Network, a Catholic, pro-life pregnancy centre which offers help and support to pregnant women of all faiths and none.

Since 1997, 1000s of mothers have kept their children because they received help and support from Good

Counsel to do so.

Volunteering Role 1: Volunteer at the Good Counsel Centre in Marylebone and help with admin, sorting baby goods, supporting mums to be, and new mums, mail-outs and other a variety of different work.

Volunteering Role 2: Attend one of our pro-life prayer vigils outside an abortion centre. Hundreds of lives have been saved and women helped via these vigils. You need to call us and book to attend our vigils which currently run in Ealing, west London.

Intern Programme

Good Counsel also runs an internship programme where volunteers spend 3 months living in London and participate in training for pro-life work including vigils at abortion centers and assisting in a pro-life pregnancy centre. Free London travel card and an allowance is provided.

Contact person: Clare McCullough

Contact: info@goodcounselnetwork.com

Contact: 0207-723-1740

RADIO MARIA





Become a Volunteer!

Mary needs you and steadily calls on new volunteers to participate in this work of evangelization. You can all, after having some training, become missionaries in your communities and further afield. This can be achieved by supporting the work in our studios in London and Cambridge but can also be achieved closer to your own home.

At Radio Maria England, there are several levels of volunteering commitments that can be adapted according to the time you have. Any support is fruitful and precious!



OUR DIFFERENT VOLUNTEER MISSIONS

 Promotion	 Technical	 Editorial
		
<p>Organise distribution leaflets, posters, share information about events in your region and introduce us to new contacts.</p>	<p>Broadcast live transmissions, Masses and programmes from our studios after a period of training.</p>	<p>Facilitate programmes, arrange speakers for testimonials, share your knowledge and talents, etc.</p>

Contact: **Helena Judd**

E-Mail: Helena.Judd@radiomariaengland.uk

SUMMER PROJECTS

Helping those who need assistance to make a pilgrimage to Lourdes

Friday 25th July to Friday 1st August for 2025

Cost £350 for students - lots of Grants available

Each year the Chaplains & a group of students travel to Lourdes with the Westminster Diocese to help care for sick pilgrims. We go as St Frai Helpers. We travel as a group, and we serve as a team.



Volunteers are fully trained before leaving and supported throughout the week. It is a wonderful experience of service, community, faith and pilgrimage. **If needed: there are some very generous grants that you can apply for to help with the cost of volunteering at Lourdes.**



Students pay for their food, accommodation and travel to Lourdes. However, there are some very grants available from the Newman House Chaplaincy and other organizations for those who need help with the costs. This project tends to be a very popular to reserve a place please

contact Newman House's Social Outreach Chaplain Sr. Carolyn for further details: carolyn@universitycatholic.net



Assumption Sisters Volunteer programme

#Gap Year volunteering opportunities in the Philippines, India, Rwanda, Lithuania or Newcastle

GAP YEAR: Would you like to experience a new culture for a year and serve young people in poor communities as a volunteer? The Assumption Volunteer Programme offers opportunities to share one year of your life in a culture very different from your own in the **Philippines, India, Rwanda, & Lithuania.**

UK (Newcastle) we also receive each year an international group of young adults to volunteer in creative arts programme for children with social and educational problems in **Newcastle.** If you would like to join them then see contact details below. Applications from UK residents are welcome too!

We offer financial and personal support for 10 placements each year connected with the Sisters of the Assumption around the world.

Summer Short term (term-time or summer - Time commitment: one to six weeks) volunteering options available in Lourdes (France) and Como (Italy). To find out more check out the website: www.assumptionvolunteers.org.uk or e-mail Anne-marie: vc@assumptionvolunteers.org.uk

Holy See – Internship - New York

Internship Cycles and Numbers: There are three internship cycles each year, autumn, Spring and Summer. It is possible for an intern to remain for more than one, doing two cycles or even a full year, but with the number of applications the Mission has been receiving, and the desire to give capable applicants the chance, it is becoming rarer that applicants will be accepted to more than one session, at least initially. The Fall Session extends from the beginning of September through just before Christmas; the Spring Session begins on Monday of the second week of January and extends the end of May; the Summer Session runs from the Tuesday immediately following Memorial Day [the last Monday of May] through the end of August. An orientation and training program is given at the beginning of each cycle. Up to eight interns are taken for any given session.



Application Process: **Application deadlines** are **April 15** for the following Fall Session, **October 1** for the following Spring Session and **January 1** for the upcoming Summer Session. The Application process involves sending a cover letter, a curriculum vitae, and two letters of recommendations (one from a teacher or academic advisor, the second from a Catholic pastor or chaplain) to arrive by the respective deadline at Internship Program, Permanent Observer Mission of the Holy See to the United Nations, 25 E. 39th Street, New York, NY 10016. A PDF copy of the mailed application should also be emailed by the deadline to office@holyseemission.org with “Internship Application” listed in the subject line. Applicants are encouraged to get in their applications well before the deadline. After applications have been received and evaluated, certain applicants may be invited to submit an essay on one of the themes in debate at the UN as the second stage of the process. After that, interviews may be scheduled via Zoom or, for those in the New York area, in person as the third stage.

Selection Criteria: Because of the nature of the work of the Holy See at the United Nations, interns must be practicing Catholics; understand, appreciate and believe in Catholic Social Teaching and in the values the Church seeks to convey before the international community; have graduated from university or be enrolled in a graduate program (undergraduates enrolled in programs may apply for the internship program, but preference will be given to graduates); be fluent in English and, if possible, in one or more of the six official UN languages; be a good, clear and precise writer, capable of analytic and synthetic thought and sound research in libraries and via the internet; and have the ability to work collaboratively as a member of a team. The maximal age to be eligible for the internship is 35 (at the beginning of the internship).

Hours: Interns normally work Monday through Friday 9 am to 6 pm. There are occasional night time events, as well as, once or twice a year, the need to assist in covering sessions when the UN is meeting on weekends. Attendance at the daily staff meeting after Midmorning Prayer each day at 9 am in the Mission Chapel is obligatory. Every first Friday of the month, and on Holy Days of Obligation, a Mass is celebrated at the Chapel in the Mission that all staff and interns are expected to attend.

Those with questions not answered here are invited to email office@holyseemission.org
<https://holyseemission.org/index.php>

Notre Dame de France



Notre Dame
de France

Sandwich Service

A team of volunteers welcomes homeless people in the parish centre. We provide sandwiches, hot and cold drinks and perhaps more importantly an opportunity to chat and relax for a few hours.

On average we welcome over 70 guests on **Saturdays between 10.30 -14.30**

Maison Pierre Chanel

Parish Centre

16 Leicester Square

London WC2H 7NH

If you would like to volunteer, then contact: Email:

sandwichservice@ndfchurch.org

Westminster Churches Night Shelter



Each year Notre Dame de France is one of the hosts of Westminster's Winter Night

Shelter. Every Wednesday from February to end of May we will accommodate 15 guests for a night for who would otherwise have to sleep rough. We will provide a three-course dinner, comfortable bed and breakfast. The guests move each night of the week to different venues across Westminster. The night shelter

offers a safe, warm and welcoming space.

Have you got some time to spare? We need volunteers for mornings, evenings and overnights to help with cooking, bedding and breakfast preparation. Interested volunteers, please contact: Sr Anne Lata Email: anne.lata@ndfchurch.org

God and the Big Bang

Calling for Scientists –

This could be of interest to students who are studying any science related subject and who are practicing their faith.

God and the Big Bang are part of St John’s College Durham and are looking for Scientists who want to develop their communication skills in both science and faith. This is a paid opportunity with an honorarium with hotel stay and all expenses reimbursed, to go into schools right across the UK with a team of scientists and talk about being someone who studies science and also being a person of faith. The opportunities would fit around your studies and your availability.

God and the Big Bang runs interactive workshop days with students from Year 5 – 13, providing the opportunity to discover, discuss and debate the compatibility of science and faith.

The events equip young people with the tools they need in order to form their own opinions and engage in rational, exciting, well-reasoned and thought-provoking discussion about the part science plays in God’s world.

The talks and workshops are captivating and stimulating, showcasing both cutting-edge science and personal and honest reflections about the intersection between science and faith.

Here is a promo video <https://www.youtube.com/watch?v=qC7oIUWzAL8>



God and the Big Bang

www.youtube.com

For further details contact Sarah on contact@gatbb.co.uk

Michael Harvey MBA

Executive Director God and the Big Bang

07831 317871

michael@mjhassociates.org.uk

Equestrian Order of the Holy Sepulchre of Jerusalem

OUR MISSION

It is both personal and collective, active not passive. Members of the Order are practicing Catholics who strive to live in ever deepening witness to our faith with particular reference to the Holy Land. As an Order we stand in solidarity with the Church in the Latin Patriarchate of Jerusalem, solicitous for its material, moral and spiritual needs. As its name suggests, we have at our heart a concrete link with Jerusalem, and we assume a duty towards it and those other places rendered holy by the earthly life of our Lord. Our members are part of the 'extended family' of the Latin Patriarchate. Our prayers, presence and financial contributions are an essential means of rendering support to it. Through our mission of service and encounter with the people of the Holy Land and the Holy Places we gain more than we ever hope to give.

The Order's aims are:

To strengthen in its members' the practice of Christian life, in absolute fidelity to the Supreme Pontiff according to the teachings of the Church, observing as its foundation the principles of charity which make the Order a fundamental means of assistance to the Holy Land.

To support the preservation and propagation of the Faith in those lands and promote interest in this work among Catholics scattered throughout the world, who are united in charity by the symbol of the Order, but among all other Christians.

To uphold the rights of the Catholic Church in the Holy Land.

The Equestrian Order of the Holy Sepulchre of Jerusalem is the only lay institution of the Vatican State charged with the task of providing for the needs of the Latin Patriarchate of Jerusalem and of all the activities and initiatives to support the Christian presence in the Holy Land.

Activities

As already indicated, the Order is represented in almost every country in the world where there is a large Catholic community and appropriate conditions for activities that will allow it to achieve its objectives.

Collectively, and individually, each Lieutenancy, Section and Delegation draws up a yearly programme of meetings and events aimed at strengthening the spiritual growth of the Members as well as events to raise awareness of the Order's role and activities in their respective local communities.

During especially difficult times following the second *Intifada*, (which put a stop to work and economic activity in a large part of the Holy Land), caused many Christians to lose their jobs and prompted the Latin Patriarchate, the Apostolic Nunciature and the other Catholic institutions to engage in the distribution of social and humanitarian aid in an operation to provide the families most in need with direct financial support. However, direct financial aid in the form of direct subsidies – which some may view as “handouts” – is not part of the Order's normal operating methods. Handouts humiliate the people obliged to accept them and have an adverse effect by discouraging the beneficiaries to live on charity.

Email:
rgbkhs@aol.com

Become a NHS Blood Donor



Join Our WhatsApp Group



Are you interested in providing a life-saving service? Have you considered donating blood?

On **October 27th**, we are heading a short 15min walk to the West End Donor Centre, after 10.30 mass and lunch (please eat lunch if you are donating!) If you can book an appointment and join us that Sunday, please do so :)

This run is especially important as NHS stocks are running critically low (especially for O negative blood). For more information on restrictions and the process, visit **blood.co.uk** or ask on our WhatsApp group.

The NHS allows men to donate blood every 12 weeks and women to donate every 16 weeks, and we will continue to run sessions throughout the year together.

As a community, we can support each other and help save lives- the West End donor centre provides a fun and relaxing atmosphere, and a donation predated by Sunday mass is very special.

(Please note that you must first sign up as a blood donor with the NHS to donate on my.blood.co.uk, and then book an appointment- slots fill up around 1-2weeks before the session, and we book at or after 14.00 on the day)- and you can also donate plasma!



Plant a seed



Have you thought about training to be a teacher?



Paid Internships

As a part of our “Plant a seed” project, the Diocese of Westminster is funding 7 Internships for Catholic undergraduates in the second year of university to experience life as a Secondary RE teacher or Primary class teacher In summer 2025

What do we offer?

A chance to work in a Diocesan school for 3 weeks

£300 per week to help with costs

Further details about how the Diocese can support your career

To find out more contact catherinemcmahon@rcdow.org.uk
or
<https://forms.office.com/e/LUWy5pgdx1>

